

Setting Limits and Focusing Your Study: Exploring scope and delimitation

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As a researcher, it can be easy to get lost in the vast expanse of information and data available. Thus, when starting a research project, one of the most important things to consider is the scope and delimitation of the study. Setting limits and focusing your study is essential to ensure that the research project is manageable, relevant, and able to produce useful results. In this article, we will explore the importance of setting limits and focusing your study through an in-depth analysis of scope and delimitation.

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Scope and Delimitation – Definition and difference

Scope refers to the range of the research project and the study limitations set in place to define the boundaries of the project and delimitation refers to the specific aspects of the research project that the study will focus on.

In simpler words, scope is the breadth of your study, while delimitation is the depth of your study.

Scope and delimitation are both essential components of a research project, and they are often confused with one another. The scope defines the parameters of the study, while delimitation sets the boundaries within those parameters. The scope and delimitation of a study are usually established early on in the research process and guide the rest of the project.

Types of Scope and Delimitation

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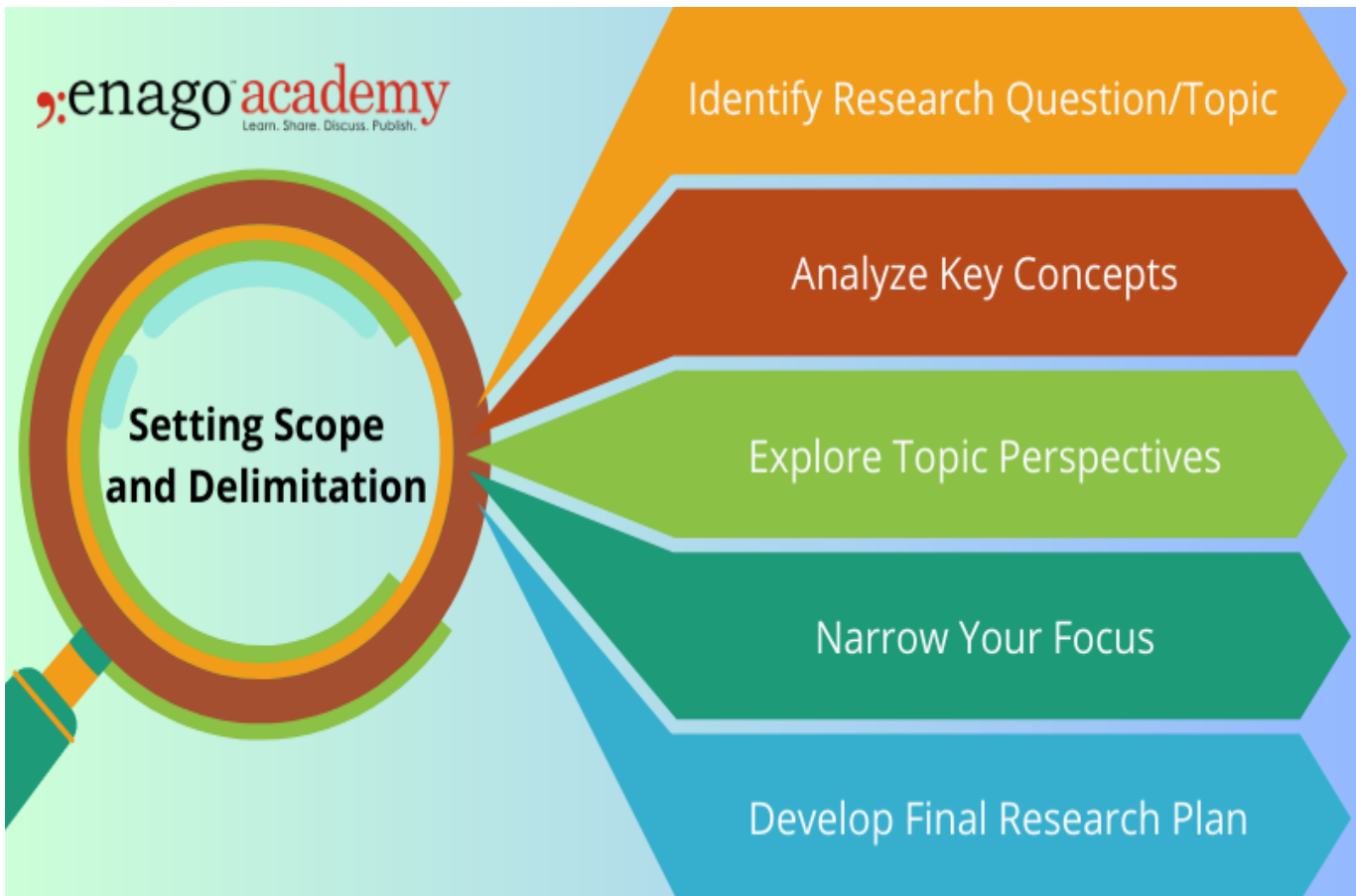
Scope	General	Refers to the overall range of the study and the research questions it aims to answer
	Specific	Refers to the particular aspects of the study that the research will cover
Delimitation	Conceptual	Refers to the conceptual boundaries of the study
	Operational	Refers to the specific operational procedures that the study will use

Significance of Scope and Delimitation

Setting limits and focusing your study through scope and delimitation is crucial for the following reasons:

- It allows researchers to define the research project's boundaries, enabling them to focus on specific aspects of the project. This focus makes it easier to gather relevant data and avoid unnecessary information that might complicate the study's results.
- [Setting limits and focusing your study](#) through scope and delimitation enables the researcher to stay within the parameters of the project's resources.
- A well-defined scope and delimitation ensure that the research project can be completed within the available resources, such as time and budget, while still achieving the project's objectives.

5 Steps to Setting Limits and Defining the Scope and Delimitation of Your Study



There are a few steps that you can take to set limits and focus your study.

1. Identify your research question or topic

The first step is to identify what you are interested in learning about. The [research question](#) should be specific, measurable, achievable, relevant, and time-bound (SMART). Once you have a research question or topic, you can start to narrow your focus.

2. Consider the key terms or concepts related to your topic

What are the important terms or concepts that you need to understand in order to answer your research question? Consider all available resources, such as time, budget, and data availability, when setting scope and delimitation.

The scope and delimitation should be established within the parameters of the available resources. Once you have identified the key terms or concepts, you can start to develop a glossary or list of definitions.

3. Consider the different perspectives on your topic

There are often different perspectives on any given topic. Get feedback on the proposed scope and delimitation. Advisors can provide guidance on the feasibility of the study and

offer suggestions for improvement.

It is important to consider all of the different perspectives in order to get a well-rounded understanding of your topic.

4. Narrow your focus

Be specific and concise when setting scope and delimitation. The parameters of the study should be clearly defined to avoid ambiguity and ensure that the study is focused on relevant aspects of the research question.

This means deciding which aspects of your topic you will focus on and which aspects you will eliminate.

5. Develop the final research plan

Revisit and revise the scope and delimitation as needed. As the research project progresses, the scope and delimitation may need to be adjusted to ensure that the study remains focused on the research question and can produce useful results. This plan should include your research goals, methods, and timeline.

Examples of Scope and Delimitation

To better understand scope and delimitation, let us consider two examples of research questions and how scope and delimitation would apply to them.

Example 1

Research question: What are the effects of social media on mental health?

Scope: The scope of the study will focus on the impact of social media on the mental health of young adults aged 18-24 in the United States.

Delimitation: The study will specifically examine the following aspects of social media: frequency of use, types of social media platforms used, and the impact of social media on self-esteem and body image.

Example 2

Research question: What are the factors that influence employee job satisfaction in the healthcare industry?

Scope: The scope of the study will focus on employee job satisfaction in the healthcare industry in the United States.

Delimitation: The study will specifically examine the following factors that influence employee job satisfaction: salary, work-life balance, job security, and opportunities for

career growth.

Setting limits and defining the scope and delimitation of a research study is essential to conducting effective research. By doing so, researchers can ensure that their study is focused, manageable, and feasible within the given time frame and resources. It can also help to identify areas that require further study, providing a foundation for future research.

So, the next time you embark on a research project, don't forget to set clear limits and define the scope and delimitation of your study. It may seem like a tedious task, but it can ultimately lead to more meaningful and impactful research. And if you still can't find a solution, reach out to Enago Academy using **#AskEnago** and tag **@EnagoAcademy** on [Twitter](#), [Facebook](#), and [Quora](#).

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