

Top 10 Communication Tips for Researchers

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Researchers spend a lot of quality time reading and rigorously performing experiments in the laboratory. Amidst their tight schedule, they also take breaks from their daily routine to socialize with others. Researchers often feel that they face communication challenges when talking to strangers or even with their lab colleagues. Many also find it difficult or challenging to express their views during work-related conversations. Well, with some confidence and self-learning, we believe that anyone can meaningfully contribute to conversations. Remember, communicating effectively can help you know people and build a network for future opportunities and collaborations.

TOP 10 COMMUNICATION TIPS FOR RESEARCHERS

- 1 Listen carefully:** Researchers speak a lot about their work, but frequently forget to listen. Remember, good speakers are always fantastic listeners! Feedback is critical.
- 2 Speak politely:** Get your point across without using unprofessional language. Do not speak/reply impulsively.
- 3 Avoid bias:** It is indeed critical to review each and every problem from various perspectives.
- 4 Communicate in a timely manner:** A delayed response is as bad as an angry reaction. Responding in a timely manner can ensure professional success.
- 5 Pay attention to language/grammar:** Using error-free language strengthens communications.
- 6 Avoid aggravation:** Have you ever noticed that people with a good sense of humor rarely cause aggravation?
- 7 Embrace people skills:** Are you able to initiate conversations with complete strangers? If not, then practice more often. Hint: "Nice weather today!"
- 8 Do not deviate:** Never deviate from the topic under consideration.
- 9 Ask meaningful questions:** Add value to conversations by asking meaningful questions.
- 10 Provide pinpointed answers:** Avoid being vague; answer questions with a high degree of specificity.

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